

Suffolk Family Carers

Living Fuller Lives



**CONNECT
for health**
Being Well Together



Connect for Health

Look out for the Community Connector bus!

The Community Connector is available for a private face to face discussion with anyone who feels stuck in a rut and needs support to get more active or more involved in the local community.

The Community Connector asks 'What matters to you?' and not 'What's the matter with you?'

Call 01473 835445 for an appointment or pop onto the bus and say 'hello'. You'll be sure of a friendly welcome.



Connect for Health Community Connector Bus December 2019

Tuesday 3rd December 2019
10am to 2pm

Barham and Claydon GP
Surgery

Wednesday 4th December 2019
9.30am to 12pm

Stutton Community Shop

Wednesday 4th December 2019
12.30pm to 3.30pm

Capel Community Centre

Tuesday 10th December 2019
10am to 2pm

Claydon Crown Public House car
park

Wednesday 11th December 2019
9.30am to 12pm

Holbrook Village Hall

Tuesday 17th December 2019
10am to 2pm

Barham and Claydon GP
Surgery

Wednesday 18th December 2019
10am to 2pm

Shotley Community Centre